

## **Parent / Child Contract**

| ١,                          | agree:   |   |
|-----------------------------|--|---|
| ,                           | Insert child's name  |   |
|                             | I will not to drink or take drugs                              |   |
|                             | I will not drive while under the influen                       | ce of drugs or alcohol  |
|                             | I will not get in a car with someone wh                        | o has been drinking or using drugs  |
|                             | If I feel unsafe or uncomfortable, I will                      | call you, my parent or guardian, for a ride home  |
|                             | I will be honest   |   |
|                             | I will talk to you when I am upset, scar angry or disappointed | ed, or confused - even if I'm afraid you'll be  |
|                             | I will be accountable for my actions                           |   |
| l,                          | agree: Insert Parent/Guardian's name                           |   |
|                             | I will make myself available to you who                        | enever you need me  |
|                             | -<br>I will provide a comfortable, safe, resp                  | ectful place to talk honestly   |
|                             | I will keep an open mind                                       |   |
|                             | -<br>I will listen   |   |
|                             | -<br>I will not overreact or judge you for th                  | ings that don't make sense to me  |
|                             | I will love you for who you are                                |   |
|                             |  |   |
| l,                          |  | to this agreement and recognize there are   |
| conseq                      | dences for every decision I make. I prom                       | ise to respect you and honor our relationship.  |
| Child's                     | Signature  | Date  |
|                             |  |   |
| promise                     |  | arent/guardian I commit to this agreement. I respect you and help you in any way I can. |
| Parent/Guardian's Signature |  | <br>Date  |